

# Sustainable Rivers Program

Lake Red Rock Research  
Collaboration  
& Coordination Meeting  
February 2023

- Perry Thostenson  
Natural Resource Specialist

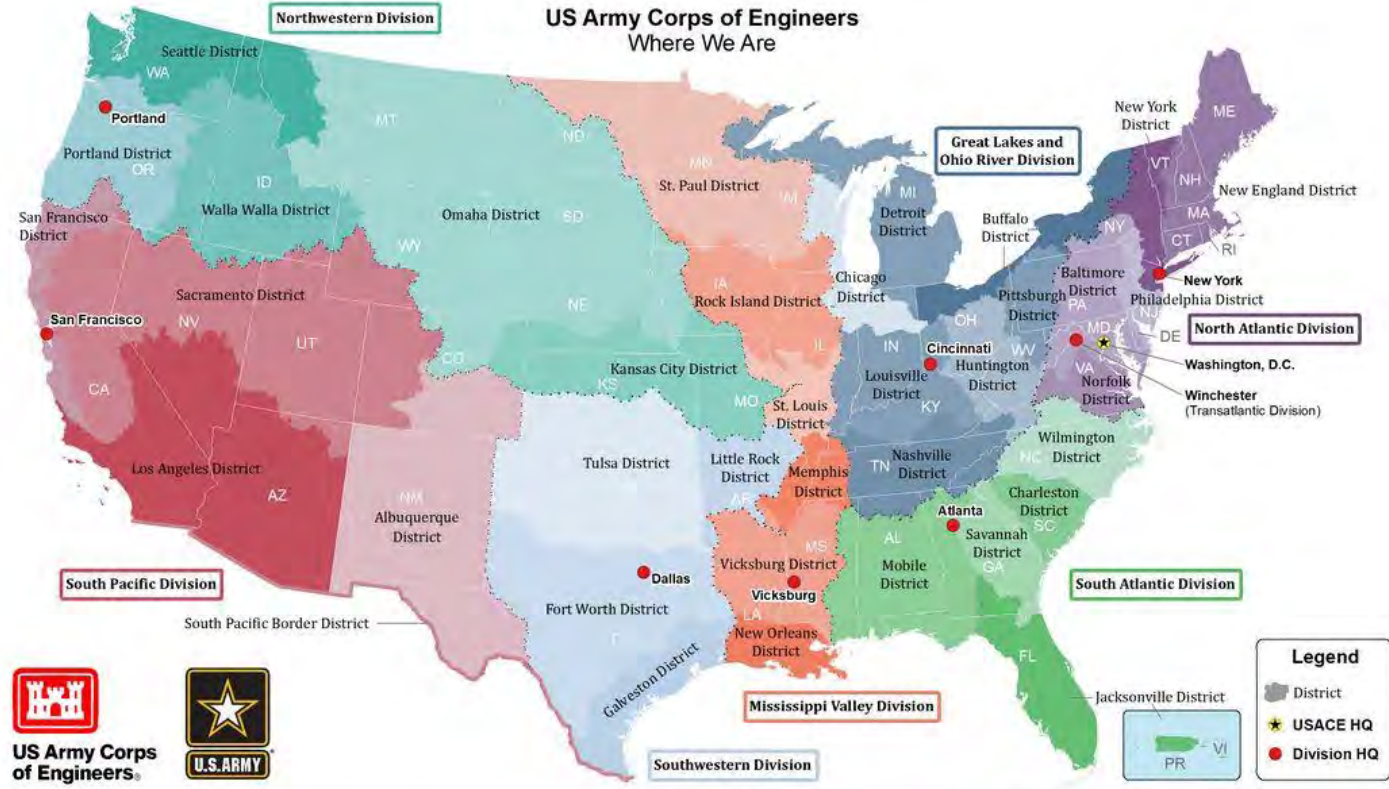


US Army Corps  
of Engineers®

The Nature  
Conservancy



# US Army Corps of Engineers Where We Are

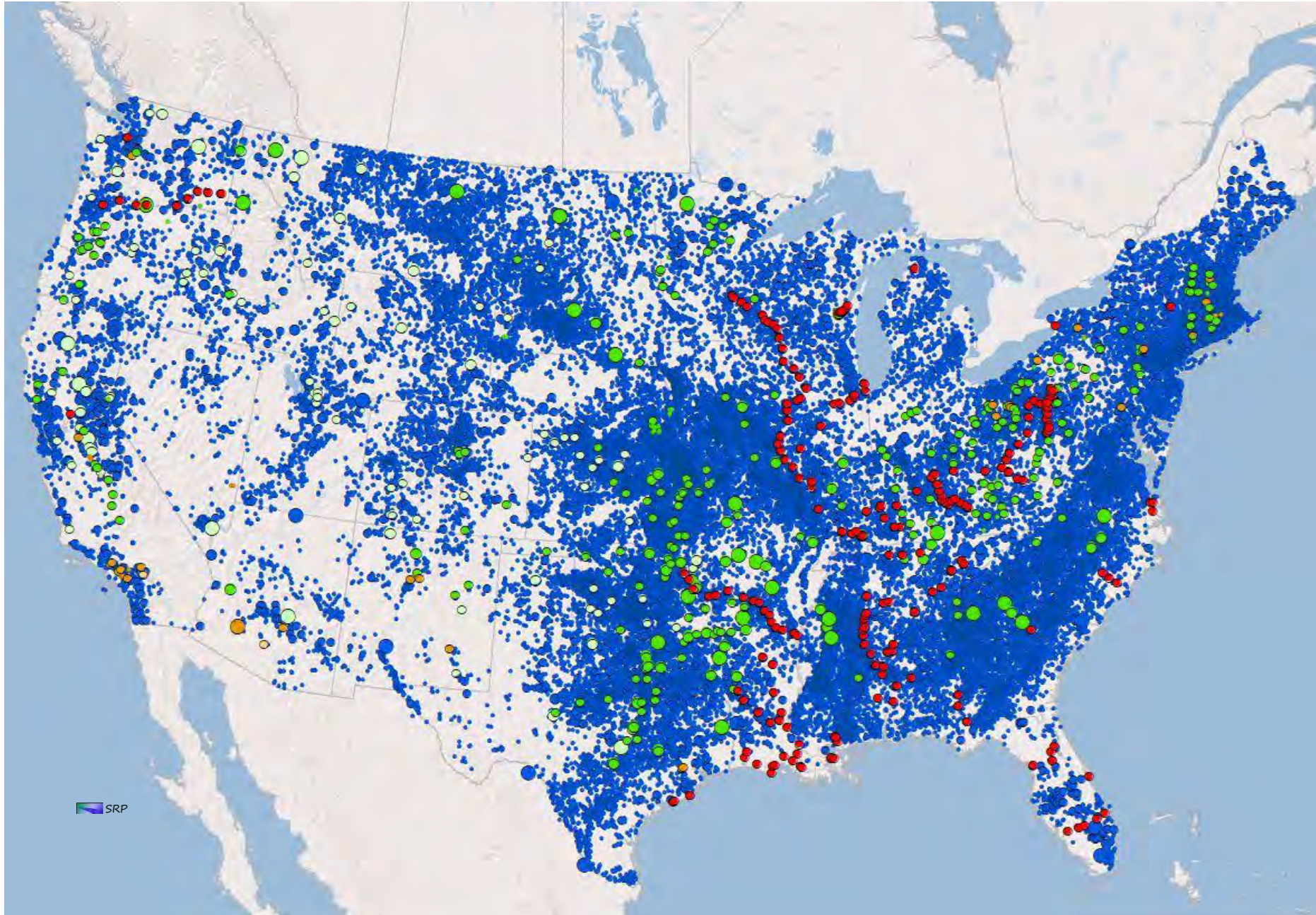


Civil Works Districts shown in United States. Military Districts shown outside United States.

- Other Organizations**
- 249th Engineer Battalion
  - Army Geospatial Center
  - Engineering and Support Center, Huntsville
  - Engineer Research and Development Center (ERDC), 7 labs
  - Institute for Water Resources
  - Marine Design Center
  - USACE Finance Center
  - USACE Logistics Activity

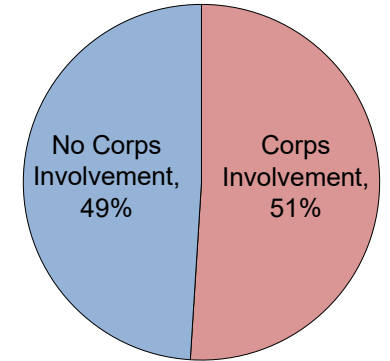
Date: March 2020  
USACE Pittsburgh Geospatial





# Dams & Reservoirs

by Storage (795 MAF)



- Count = 0.5%  
NID = 89,028 (dams);  
Corps FRM = 465 (reservoirs)
- Storage (NID\_Storage) = 51.0%  
NID = 795 million ac-ft  
Corps FRM = 405 million ac-ft

Type:

**National Inventory of Dams** (2016)

**Corps General Reservoirs**

**Corps Dry Dams**

**Section 7 Dams**

**Corps Locks and Dams = 235**



**US Army Corps  
of Engineers**

# Des Moines River Sustainable Rivers Project



- Advance (creating e-flow prescriptions) (6,170 river miles)
- Implement (testing e-flows) (940 river miles)
- Incorporate (formalizing Corps' operations) (1,255 river miles)
- Newly proposed (+3,807 river miles; +24 sites)

- ▶ Des Moines River SRP est. in 2015
- ▶ “Incorporate” since 2019
- ▶ SRP Science Investments

# Sustainable Rivers Program

(Mission, Goal, and Process)

**Mission:** Improve the health and life of rivers by changing infrastructure operations to restore and protect ecosystems, while maintaining or enhancing other project benefits

**Goal:** Advance, implement, and incorporate environmental strategies at USACE water resources infrastructure

**Process for SRP work has three phases:**

- Advance - engaging teams in a science-based processes to define potentially beneficial environmental strategies
- Implement - testing the effectiveness and feasibility of the defined strategies
- Incorporate - including reviewed strategies in operations guidance such as water control manuals.





# Sustainable Rivers Program

(Summary)



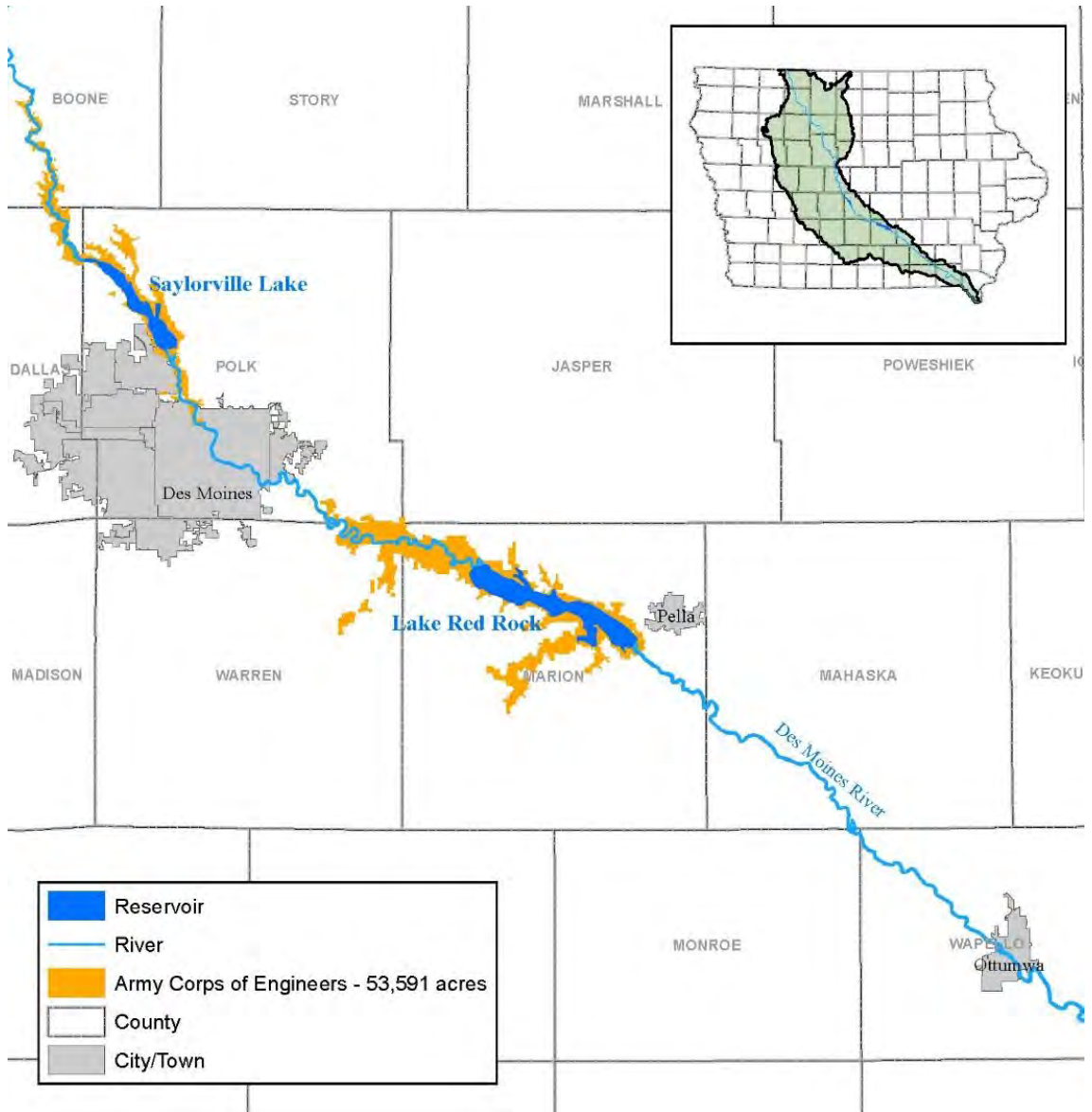
**SRP works with water managers, operators, planners, scientists, and stakeholders to:**

- Modernize strategies for operating purposes related to the environment at Corps water resources infrastructure
- Deliver more benefits from infrastructure
- Formulate alternative management strategies for rivers and ecosystems associated with infrastructure

40 rivers, 89 reservoirs, 10,953 river miles (2021)

*Advance, implement, incorporate e-strategies*





# Des Moines River Watershed

# Saylorville Dam – Des Moines River

- ▶ 5,950 SURFACE ACRES
- ▶ 5,823 Mi<sup>2</sup> DRAINAGE
- ▶ FLOOD RISK MANAGEMENT.
- ▶ WATER SUPPLY
- ▶ LOW-FLOW AUGMENTATION
- ▶ RECREATION
- ▶ FISH & WILDLIFE

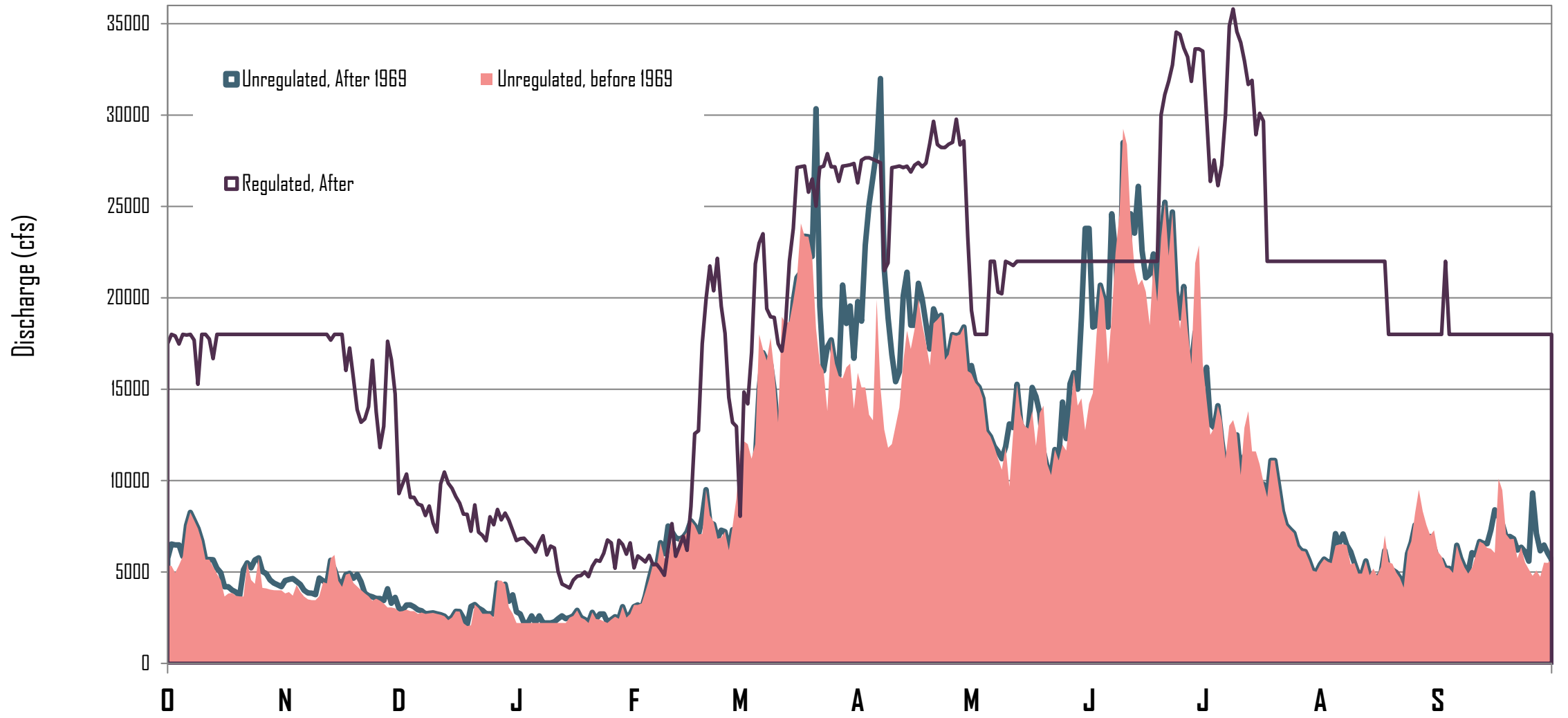




# Red Rock Dam – Des Moines River

- ▶ 15,250 SURFACE ACRES
- ▶ 12,323 Mi<sup>2</sup> DRAINAGE
- ▶ FLOOD RISK MANAGEMENT.
- ▶ LOW-FLOW AUGMENTATION
- ▶ RECREATION
- ▶ FISH & WILDLIFE





# Why SRP on the DES MOINES RIVER?

- ▶ Lower Des Moines is important for ancient large river fishes – paddlefish and sturgeon – and other fish and aquatic species.
- ▶ Des Moines River is designated as a Globally Significant Bird Area by the American Bird Conservancy.
- ▶ Potential to improve WATER QUALITY & other environmental issues of the Des Moines River.



# Des Moines River SRP Process Overview

## Stakeholder Engagement

- Issue Identification

2015

2015

## Literature Review

- State of the Science Report

## E-flows Workshop

- Scientific Experts
- Develop flow hypothesis

2016

## Incorporation

- Water Control Manual Update

2019

## Implementation

- Adaptive Management and Monitoring Plan

2020

# Environmental Flows Workshop



- ▶ 50 Expert Attendees
  - ▶ Fish and Mussels
  - ▶ Water Quality & Other Considerations
  - ▶ Floodplain habitat, riverine waterfowl and wildlife
- ▶ Summary Report with recommendations.

**DES MOINES RIVER  
MONITORING AND ADAPTIVE MANAGEMENT PLAN  
SUSTAINABLE RIVERS PROJECT**



November 2020

# Adaptive Management and Monitoring Plan

- ▶ Plan created to guide implementation
- ▶ Maximize benefits of newly established Water Control Plan
- ▶ Define environmental metrics related to timing and quantity of flows
- ▶ Guide for monitoring and roles.

# STAKEHOLDER ENGAGEMENT

## \* Recommendations



- ▶ Reduce Nitrate Levels
- ▶ Reduce Mussel Mortality
- ▶ Reduce Sturgeon Mortality
- ▶ Reduce Gas Bubble Trauma in Fish
- ▶ Improve Conditions for Migrating Waterfowl and Shorebirds
- ▶ Improve Conditions for Reptiles and Amphibians.
- ▶ Reduce Streambank Erosion
- ▶ Improve Conditions for River Recreation

Floods

- > 45,000 cfs: ~1 in 10 years**
  - Maintain/restore channel habitats, floodplain topographic relief;
  - Maintain wetlands; fill oxbows and sloughs
- > 30,000 cfs: every 3-5 yrs**
  - shovelnose & paddlefish spawning, fish access to off-channel habitats, floodplain tree seed dispersal

**Key**

- ☐ Wet Year
- ☐ Avg Year
- ☐ Dry Year

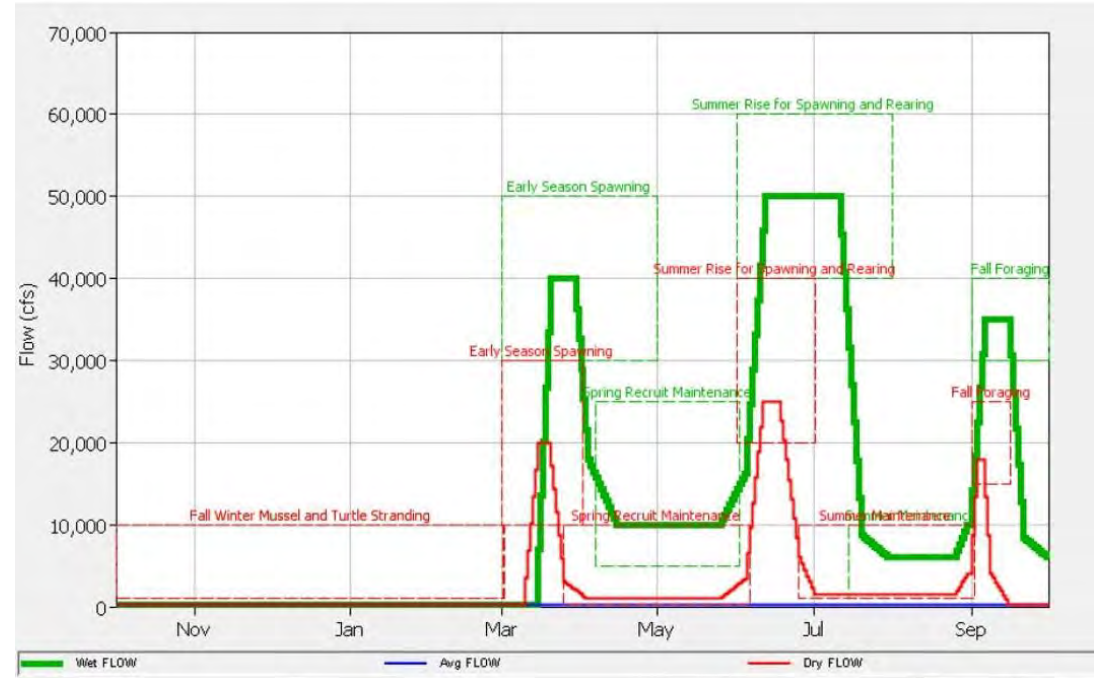
High Flow Pulses

- >15-25,000 cfs: 2-5 pulses, >2 days with 2 events of 2 week duration (April-July)**
- 10,000-15000 cfs: 2-3 days, 1/month**
  - Provide predator-free habitat for birds
  - shovelnose & paddlefish spawning
  - Ephemeral ponding for floodplain wildlife
  - Transport fish & mussel larvae
  - Flush woody debris from floodplain to channel
  - Floodplain access & juvenile rearing for fish
  - Fish passage past barriers
  - Exchange water with oxbows, ponds
- Drought dynamics, 1 or 2 pulses per year (iwithn bank)**
  - Floodplain tree establish and recruit

Low Flows

- >=300 cfs**
  - Adequate floodplain drainage
  - Mimic seasonal low flows
  - Create shallow water habitat for small-bodied fish
- >1000-2000 cfs, during heat waves**
  - Buffer downstream temps
  - Improve reservoir water quality

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC





# Des Moines River Literature Review

- ▶ Review available scientific literature and identify the flow related needs of the aquatic community.
- ▶ Develop flow hypotheses and recommendations for consideration.
- ▶ Native communities depend on a mosaic of riverine habitats and fluvial processes to complete life cycle.
- ▶ KEY CONCEPT – Natural flow regimes & floodplain connectivity maintains ecological integrity.
- ▶ ULTIMATE GOAL - Integrate understanding of flow needs into real-time decisions about how and when water is released from reservoirs to achieve more natural flow regimes.

# Water Control Manual Revision

- ▶ Increased maximum releases.
- ▶ Avoid rapid stepdown of flows at Red Rock.
- ▶ Higher fall pool raise.
- ▶ Hold the fall pool raise through winter months.
- ▶ Spring retention for fish spawning.
- ▶ Implemented seasonal “conservation band” at Saylorville and Red Rock.



# Conservation Band = Adaptive Management

## Saylorville Lake:

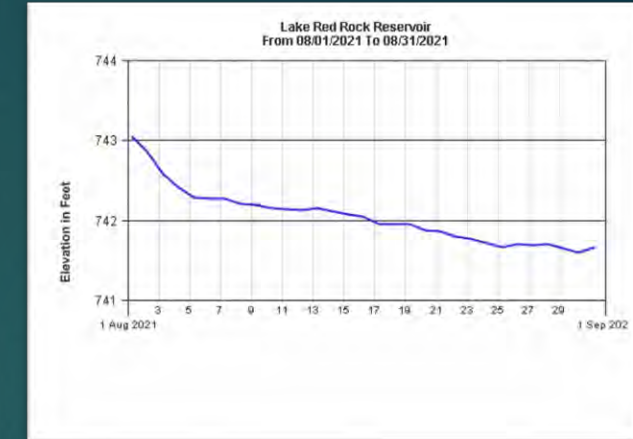
- ❖ 836 – 837 for Spring/Summer band (Mar 1 – Sept 1)
- ❖ 836 – 840 for Fall/Winter band (Sept 1 – Mar 1)

## Lake Red Rock:

- ❖ 741.5 – 743 for Spring/Summer band (Mar 1 – Sept 1)
- ❖ 741.5 – 747 for Fall/Winter band (Sept 1 – Mar 1)

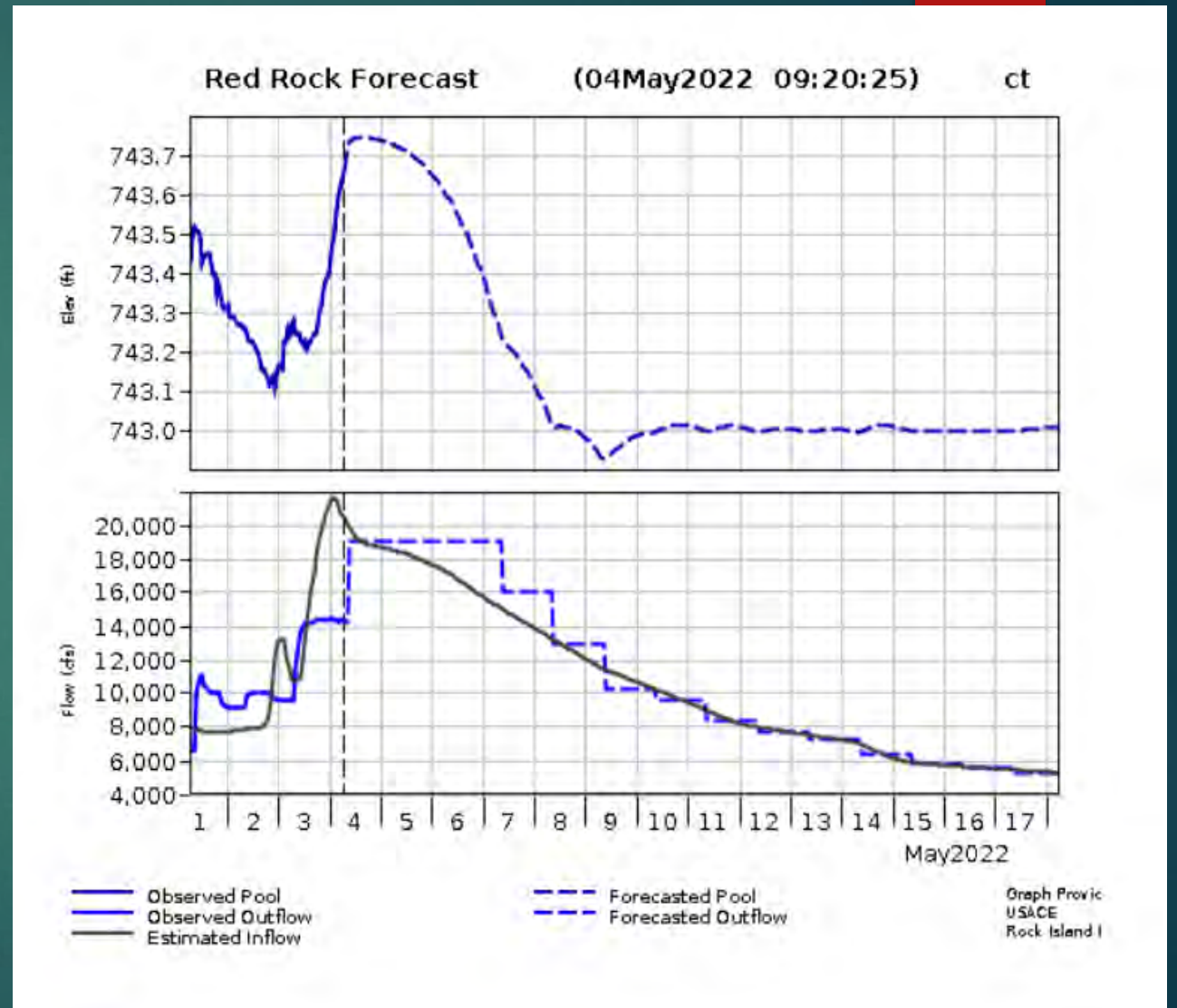
# Reservoir Water Level Management (WLM)

- ❖ Seasonal drawdowns for shorebirds (2017/2020/2021)
- ❖ Hold drawdown to establish vegetation
- ❖ Slowly flood vegetation for waterfowl migration *OR*
- ❖ Raise pool for fish spawning habitat in spring
- ❖ Hold pool steady in winter months to protect herptiles
- ❖ Maximize denitrification processes to improve water quality



**2017 SRP success story – late summer drawdown results in 11,000 shorebirds, previous high was 4,000 in one day**

# Environmental Flows



JULY



SEPTEMBER



Water Drawdown cycle



AUGUST



# Lake Red Rock & Saylorville Lake

- Time Lapse Photography
- 2 Cameras at Lake Red Rock



▶ Red Rock cameras placed to focus on "delta"

# Lake Red Rock

- ▶ Waterbird and Vegetation Study with Iowa State University
- ▶ Shorebird first season results:
- ▶ 57 Total shore bird species
- ▶ Waterbird total count: 175,245
- ▶ Shorebird : 35,593 total counted for the season.
- ▶ 60 least sandpipers that were trapped and got transmitters







# Vegetation responses to controlled water level management in Iowa

NICOLE BOSCO<sup>1</sup> AND STEPHEN J. DINSMORE<sup>1</sup>

<sup>1</sup>DEPARTMENT OF NATURAL RESOURCE ECOLOGY AND MANAGEMENT, IOWA STATE UNIVERSITY

# Study objectives

Two primary objectives:

1. Measure vegetation responses (species diversity, cover, etc.) to dropping water levels in late summer
2. Link vegetation responses with wildlife benefits

# The Effect of Experimental Flows on Fish Reproduction Downstream of a Reservoir

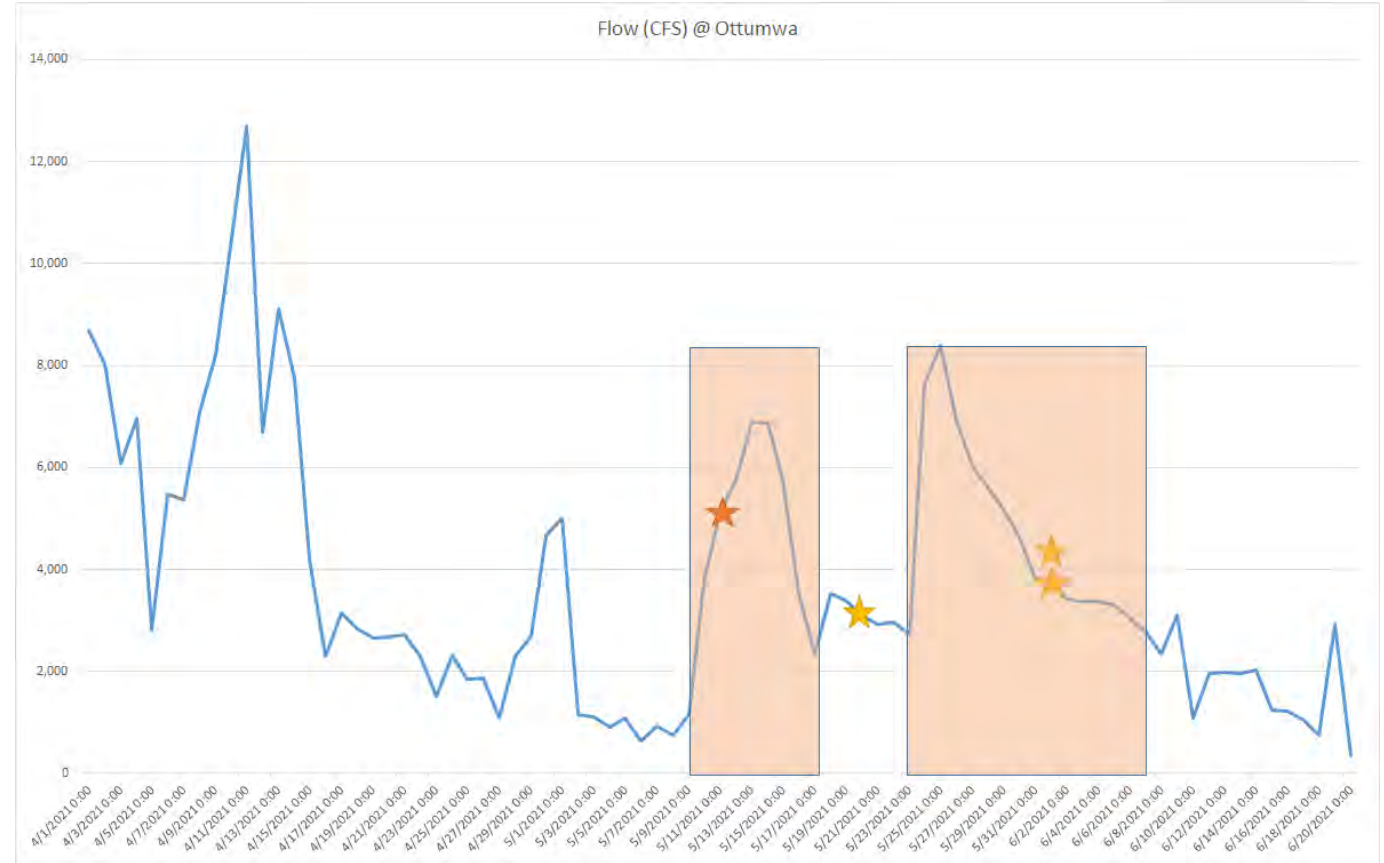
Erik Griffen and Dr. Michael Weber

Department of Natural Resource Ecology and Management, Iowa State University, Ames, IA 50011, USA



US Army Corps  
of Engineers ©

# Monitoring the Environmental Flow Response



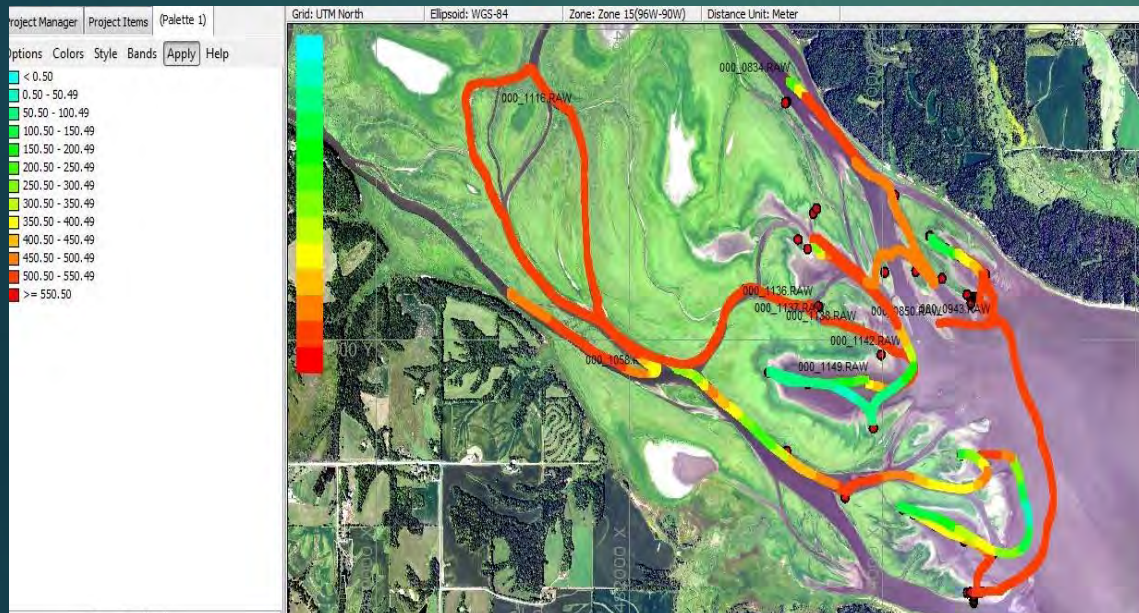
- Preliminary results indicate shovelnose sturgeon spawn during 2021 flow pulse.
- Stars = larval sturgeon captured

# Estimating impact of experimental flows on the recruitment and survival of freshwater mussels below Red Rock Dam



Annika Richards, Dr. Michael Weber

# Nitrate Reduction via Reservoir Water Level Management in Central Iowa



Study the geomorphology of the "delta" and reservoir de-nitrification

## Potentially toxic algae in Saylorville Lake threatens Des Moines's drinking water supply

Saylorville Reservoir spills into the Des Moines River, which is one of two river sources for drinking water for 500,000 people in central Iowa.



# IHR Hydroscience & Engineering

Dr. Keith Schilling, State Geologist  
Iowa Geological Survey

## FUNDING SUPPORT:

Sustainable Rivers Program  
Engineering with Nature

## TECHNICAL SUPPORT:

Engineer Research and Development Center



# Assessing and Modeling the Impacts of Water Level Management on Overwintering Reptiles



## FUNDING SUPPORT:

Ecosystem Management & Restoration  
Research Program

## TECHNICAL SUPPORT:

Engineer Research and Development Center

- Started fall 2022
- Miranda Goss, ERDC





# Watershed Resilience and Nutrient Reduction Workshop— Spring 2022

SPONSORED BY USACE & NATURAL RESOURCES CONSERVATION SERVICE

- Managers of federal land Red Rock and Saylorville
- Neal Smith National Wildlife Refuge—March 2022

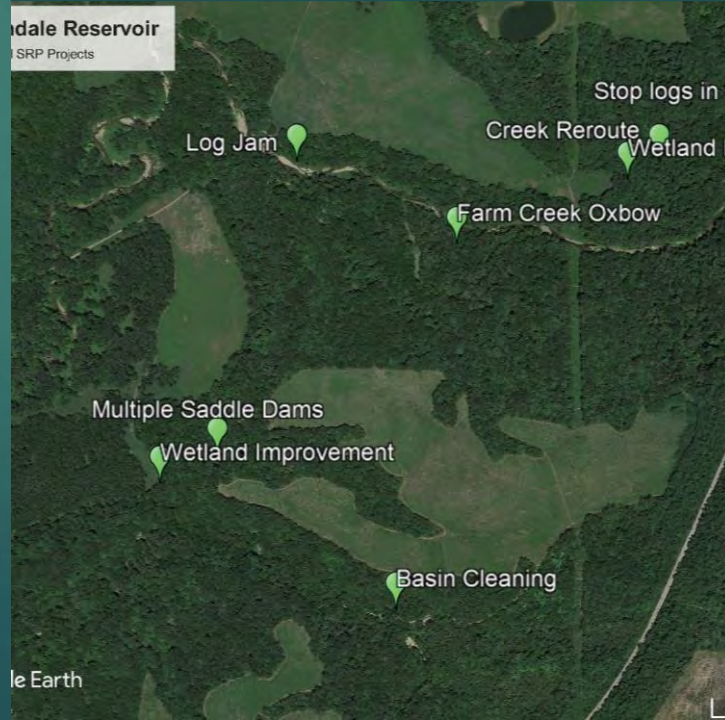
FUNDING SUPPORT:

Sustainable Rivers Program



# Rock Island District Expansion

- ▶ Iowa River – Coralville Dam
  - ▶ Stakeholder Input
  - ▶ Science Report
  - ▶ E-flows Development
- ▶ Farm Creek Dry Dam
  - ▶ Physical Habitat Creation
  - ▶ Ramped Wetlands
  - ▶ Ponds and Riffle



# Iowa River—Coralville Lake

- Preliminary Flow Prescription Report in preparation
- Regulation Manual Revised
- Once flow prescriptions are completed, develop Adaptive Management & Monitoring Plan





Thank you!

Photo thanks Stephen J. Dinsmore & Nicole Bosco